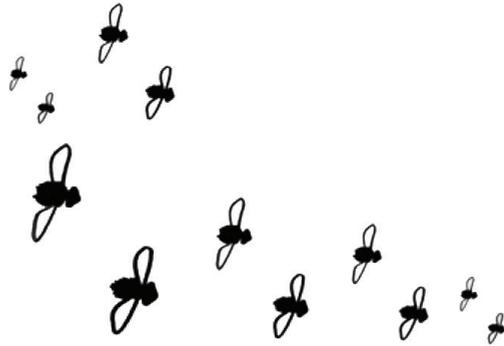
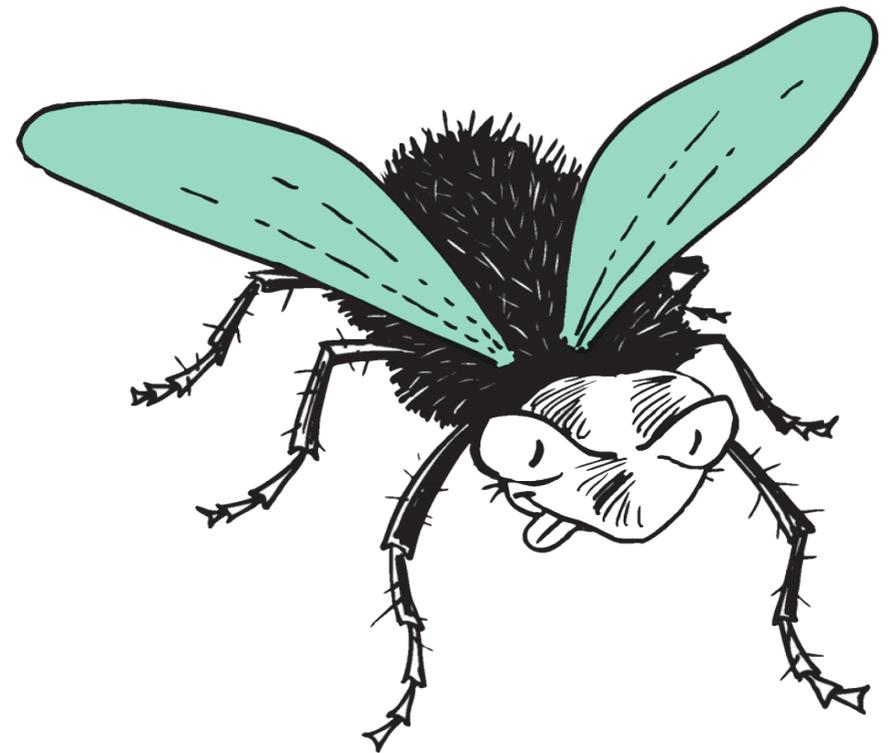


filthy the fly



a hanging library book in partnership
with children for health

Story by Colette and Hugh Hawes. Illustrations by David Gifford.



These books have been developed from an idea by Hugh Hawes and Sam Muwonge and used since 2007 in schools in and around Kampala. The books have been revised since 2014 and new titles created.

We would like to thank Violet Mugusa and Jones Kyazze for their generous time and energy in facilitating visits in 2015 to Makindye Junior School, The Light Primary School Bulenga, Busaabala Primary School and Nakyessanja Primary School.

Our thanks go particularly to the schools for their feedback and especially their suggestions on how to improve the project.

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5 Questions

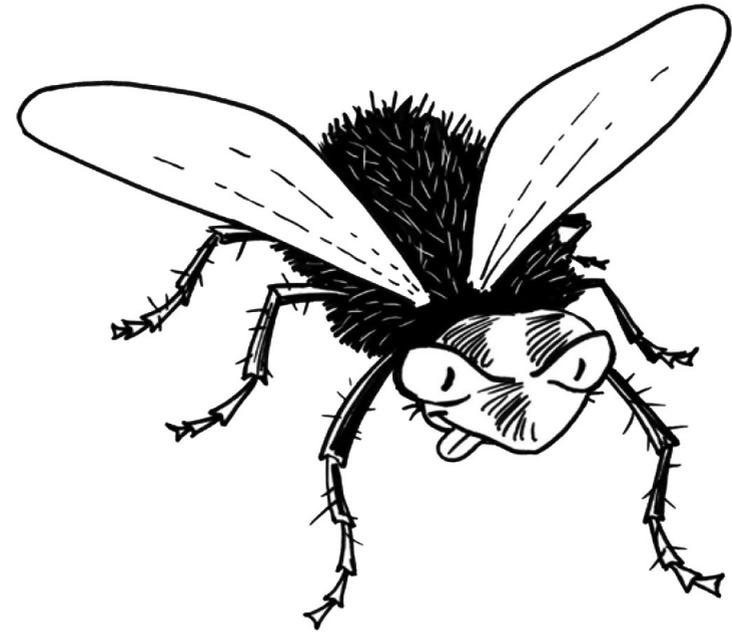
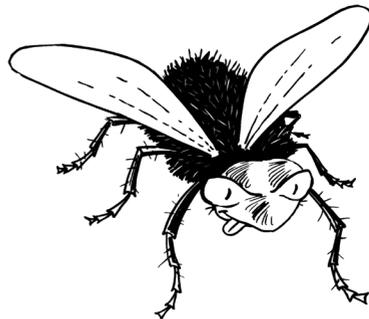
1. Where does Filthy like to sit?
2. How does Filthy carry germs from dirty places to our food?
3. What is the 'Flies' Four Step'?
4. What are four things children can do to stop Filthy from spreading disease?
5. How can you show people how flies make food dirty?

A good question to ask our families

How can we stop flies landing on our food and faces?

Something to do

Make something Filthy hates; a fly whisk or a food cover.



This is a story about someone who lives near us.

He has many brothers, sister, uncles, and aunties, children and grandchildren.



He is dirty and spreads disease.
He goes **Fzzz fzzz**.
And this is what he says.

I am Filthy the Fly.
I love to sing.
I am Filthy the Fly,
I make babies cry.
I sit on dogs' faeces
And carry some pieces
On my long hairy paws.
When I sit on men's sores
Or on food in the pot
I can make them all rot.

Fzzz fzzz fzzz



Water and Sanitation messages for children to learn and share

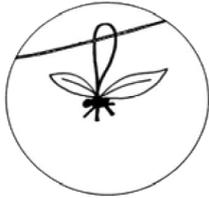
1. To wash hands properly use water and a little soap. Rub for 10 seconds, rinse and air-dry or dry with a clean cloth/paper, not on dirty clothes.
2. Wash your hands properly before touching the T-zone on your face (eyes, nose and mouth) as this is where germs enter the body. Avoid touching the T-zone when you can.
3. Wash your hands before preparing food, eating or giving food to babies, and after peeing, pooing or cleaning a baby, or helping someone who is ill.
4. Keep your body and clothes fresh and clean. Keep your nails and toes, teeth and ears, face and hair CLEAN. Shoes/flipflops protect against worms.
5. Keep human and animal poo and pee away from flies, which spread germs. Use latrines and afterwards wash your hands.
6. Keep your face fresh and clean. Wash well with a little clean water and soap morning and evening, and if flies buzz near sticky eyes.
7. Don't touch clean, safe water with dirty hands or cups. Keep it safe and free from germs.
8. Sunlight makes water safer. Filter it into a plastic bottles and leave for 6 hours until it's safer to drink.
9. When you can, use the sun to dry and destroy germs on plates and utensils after washing.
10. Kill or reduce flies by keeping the home and community free from rubbish and dirt. Store rubbish safely until it's collected, burned or buried.

What can you do?

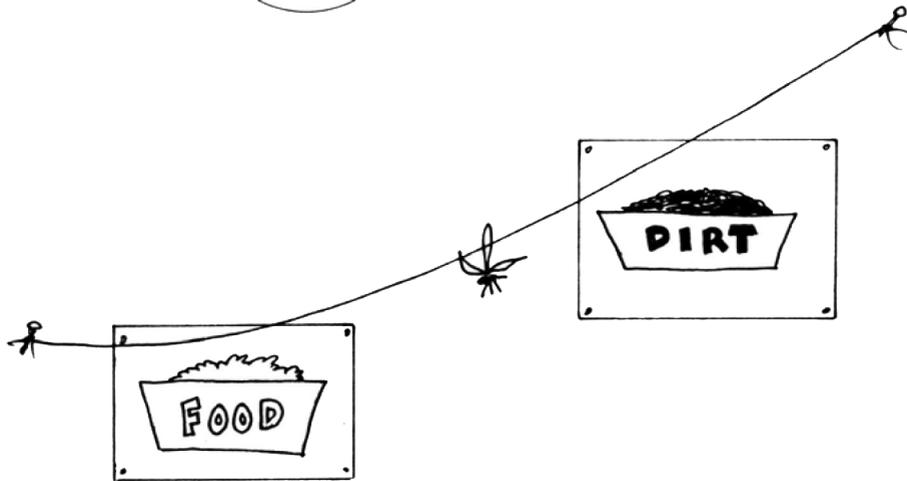
What can you help other people to do?

You can show people how flies make food dirty.

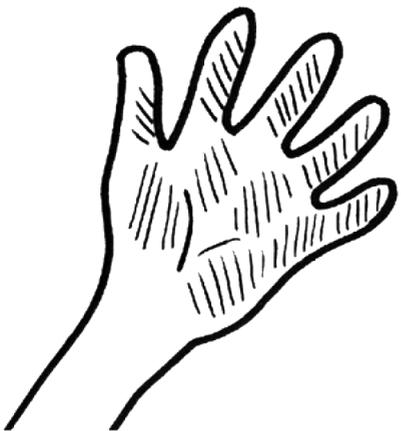
Make Filthy



and make Filthy fly!



Put chalk on your hands
and put hands on fruit
to show how Filthy
spreads germs.



I am Filthy the Fly.

I love to dance.

I call my dance 'The Flies' Four Step'.

STEP 1: Find bad dirty things.

STEP 2: Walk on dirty things; eat them.



STEP 3: Walk on people and food; unload dirt
from my legs; vomit!

STEP 4: Watch people become ill; laugh
and laugh and laugh!

Filthy fears children because children have power.

Children have the power to cover food,
to cover sores,
to bury dirt and burn rubbish,
to wash their hands before they eat and after toilet.



All of you have the power to do these things. You can tell what you know to others.

Filthy fears children if children use power.



If children use their power they can stop Filthy singing.

They can stop Filthy dancing.

They can stop Filthy flying.

They can end Filthy's life.

All of you have power!